

Quieting the Mind

Meditation and Contemplation

Join us for this sampler of contemplative practices from different traditions

Wednesdays

12:00-12:45pm

February 24th - April 6th (no gathering on March 16th)
Shepard Room -2nd Floor Phillips Brooks House

- Feb 24: Rabbi Getzel Davis, *Harvard Hillel Chaplain*
- March 2: Reverend Dr. Karin Case, *UCC Chaplain*
- March 9: Jeanne Mahon, *Director, Center for Wellness*
- March 23: Tammy McLeod, *Cru Chaplain*
- March 30: John Bach, *Quaker Chaplain*
- April 6: Swami Tyagananda, *Hindu Chaplain*

Harvard Chaplains and the Center for Wellness